

MUMS Mobile Meals
 PH/FAX 03 62498048
 MOBILE / 0422 262 643

Menu Number **1**

Special Meal Requirements **40c**

We do not accept cancellations on delivery

Just Tick Size Required or Write Amount E.G. [2]
 Tick for ACC client Tick for Special Diet /Foil Contain
TUESDAY **THURSDAY** **SATURDAY**

Large Small Large Small Large Small Large Small

Chicken Noodle Soup	<input type="checkbox"/>	\$2.80	<input type="checkbox"/>	\$2.00	Country Vegetable Soup	<input type="checkbox"/>	\$2.80	<input type="checkbox"/>	\$2.00	Cream of Pumpkin Soup	<input type="checkbox"/>	\$2.80	<input type="checkbox"/>	\$2.00
Roast Leg of Lamb (GF)	<input type="checkbox"/>	\$9.50	<input type="checkbox"/>	\$8.30	Roast Leg of Lamb (GF)	<input type="checkbox"/>	\$9.50	<input type="checkbox"/>	\$8.30	Roast Leg of Lamb (GF)	<input type="checkbox"/>	\$9.50	<input type="checkbox"/>	\$8.30
Roast Leg of Pork (GF)	<input type="checkbox"/>	\$9.20	<input type="checkbox"/>	\$8.00	Roast Topside Beef (GF)	<input type="checkbox"/>	\$9.20	<input type="checkbox"/>	\$8.00	Roast Leg of Pork (GF)	<input type="checkbox"/>	\$9.20	<input type="checkbox"/>	\$8.00
Roast Chicken (GF)	<input type="checkbox"/>	\$9.00	<input type="checkbox"/>	\$7.80	Roast Chicken (GF)	<input type="checkbox"/>	\$9.00	<input type="checkbox"/>	\$7.80	Roast Chicken Sage Stuffing (GF)	<input type="checkbox"/>	\$9.00	<input type="checkbox"/>	\$7.80
Silverside & Parsley Sce (GF)	<input type="checkbox"/>	\$9.00	<input type="checkbox"/>	\$7.80	Silverside & Parsley Sce (GF)	<input type="checkbox"/>	\$9.00	<input type="checkbox"/>	\$7.80	Pickled Pork & Mustard Sce (GF)	<input type="checkbox"/>	\$9.20	<input type="checkbox"/>	\$8.00
Ham & Tomato Quiche (GF)	<input type="checkbox"/>	\$8.80	<input type="checkbox"/>	\$7.60	Cheesy Zucchini Slice (GF)	<input type="checkbox"/>	\$8.60	<input type="checkbox"/>	\$7.40	Spinach & Fetta Quiche (GF)	<input type="checkbox"/>	\$8.80	<input type="checkbox"/>	\$7.60
Devilled Meatloaf	<input type="checkbox"/>	\$8.80	<input type="checkbox"/>	\$7.60	Hungarian Beef Goulash (GF)	<input type="checkbox"/>	\$9.00	<input type="checkbox"/>	\$7.80	Grilled English Pork Sausages	<input type="checkbox"/>	\$8.60	<input type="checkbox"/>	\$7.40
Beef Burgundy (GF)	<input type="checkbox"/>	\$9.00	<input type="checkbox"/>	\$7.80	Chicken Schnitzel Hawaiian	<input type="checkbox"/>	\$9.40	<input type="checkbox"/>	\$8.20	Steak & Kidney Pie (GF)	<input type="checkbox"/>	\$9.00	<input type="checkbox"/>	\$7.80
Layered Fish & Potato Bake (GF)	<input type="checkbox"/>	\$8.60	<input type="checkbox"/>	\$7.40	Smoked Salmon Quiche (GF)	<input type="checkbox"/>	\$8.80	<input type="checkbox"/>	\$7.60	Crumbed Fish & Tartare Sce	<input type="checkbox"/>	\$8.60	<input type="checkbox"/>	\$7.40
Vegetable Pack (GF)	<input type="checkbox"/>	\$5.60	<input type="checkbox"/>	\$5.60	Vegetable Pack (GF)	<input type="checkbox"/>	\$5.60	<input type="checkbox"/>	\$5.60	Vegetable Pack (GF)	<input type="checkbox"/>	\$5.60	<input type="checkbox"/>	\$5.60
Cheese & Tomato Macaroni	<input type="checkbox"/>	\$8.40	<input type="checkbox"/>	\$7.00	Chicken & Basil Pasta	<input type="checkbox"/>	\$8.40	<input type="checkbox"/>	\$7.00	Creamy Mushroom & Ham Pasta	<input type="checkbox"/>	\$8.40	<input type="checkbox"/>	\$7.00
Chicken Chow Mein on Noodles	<input type="checkbox"/>	\$8.40	<input type="checkbox"/>	\$7.00	Beef & Black Bean on Rice (GF)	<input type="checkbox"/>	\$8.40	<input type="checkbox"/>	\$7.00	Apricot Chicken & Rice (GF)	<input type="checkbox"/>	\$8.40	<input type="checkbox"/>	\$7.00
Chicken Curry on Jacket Potato (GF)	<input type="checkbox"/>	\$8.40	<input type="checkbox"/>	\$7.00	Cooked English Breakfast	<input type="checkbox"/>	\$9.20	<input type="checkbox"/>	\$7.00	Chicken Primavera on Potato (GF)	<input type="checkbox"/>	\$8.40	<input type="checkbox"/>	\$7.00
Fresh Fruit Salad	<input type="checkbox"/>	\$3.50	<input type="checkbox"/>	\$3.50	Apple, Date & Raisin Tub	<input type="checkbox"/>	\$3.50	<input type="checkbox"/>	\$3.50	Fresh Fruit Salad	<input type="checkbox"/>	\$3.50	<input type="checkbox"/>	\$3.50
Plum Pudding & Custard	<input type="checkbox"/>	\$3.50	<input type="checkbox"/>	\$3.50	Chocolate Cake	<input type="checkbox"/>	\$3.20	<input type="checkbox"/>	\$3.20	Lemon Pudding	<input type="checkbox"/>	\$3.20	<input type="checkbox"/>	\$3.20
Mango Mousse	<input type="checkbox"/>	\$3.20	<input type="checkbox"/>	\$3.20	Mixed Berry Mousse	<input type="checkbox"/>	\$3.20	<input type="checkbox"/>	\$3.20	Bread & Butter Pudding	<input type="checkbox"/>	\$3.20	<input type="checkbox"/>	\$3.20
Traditional Trifle	<input type="checkbox"/>	\$3.20	<input type="checkbox"/>	\$3.20	Traditional Trifle	<input type="checkbox"/>	\$3.20	<input type="checkbox"/>	\$3.20	Traditional Trifle	<input type="checkbox"/>	\$3.20	<input type="checkbox"/>	\$3.20
Pavlova	<input type="checkbox"/>	\$3.30	<input type="checkbox"/>	\$3.30	Pavlova	<input type="checkbox"/>	\$3.30	<input type="checkbox"/>	\$3.30	Pavlova	<input type="checkbox"/>	\$3.30	<input type="checkbox"/>	\$3.30
Mixed Green Salad	<input type="checkbox"/>	\$4.50	<input type="checkbox"/>	\$4.50	Greek Salad	<input type="checkbox"/>	\$4.50	<input type="checkbox"/>	\$4.50	Mediterranean Salad	<input type="checkbox"/>	\$4.50	<input type="checkbox"/>	\$4.50
Ham & Cheese Toasties	<input type="checkbox"/>	\$6.00	<input type="checkbox"/>	\$3.00	Ham & Cheese Toasties	<input type="checkbox"/>	\$6.00	<input type="checkbox"/>	\$3.00	Ham & Cheese Toasties	<input type="checkbox"/>	\$6.00	<input type="checkbox"/>	\$3.00
Mixed Sandwiches - White/Brown	<input type="checkbox"/>	\$3.00	<input type="checkbox"/>	\$3.00	Mixed Sandwiches - White/Brown	<input type="checkbox"/>	\$3.00	<input type="checkbox"/>	\$3.00	Mixed Sandwiches - White/Brown	<input type="checkbox"/>	\$3.00	<input type="checkbox"/>	\$3.00
Delivery Fee \$3.30	<input type="checkbox"/>		<input type="checkbox"/>		Delivery Fee \$3.30	<input type="checkbox"/>		<input type="checkbox"/>		Delivery Fee \$3.30	<input type="checkbox"/>		<input type="checkbox"/>	

Total

Total

Total

Name Address Phone Number Week Total

MUMSMOBILEMEALS

Fresh Food
Delivered
Or Pick up

WE DELIVER TO

GREATER HOBART

AND OUTER AREAS

Our meals are delivered to our customers' homes chilled, not frozen. Chilled meals provide a much better eating experience than frozen meals and it is one of the key reasons why we are so popular.

Chefs preparing tasty wholesome meals.
Ready to heat and eat.

We have
10 Main Courses on offer every day and a selection of soups, desserts salads and sandwiches.

6 rotating menus changing each week.

✓ Seniors who need our meal service to allow them to remain independent.

✓ Busy professional people who don't have the time to prepare nourishing food.

✓ People who just love the convenience and variety.

We pride ourselves on our service and quality of product.

www.mumsmobilemeals.com

info@mumsmobilemeals.com

(03) 62498048

FAX (03) 62498048

MOBILE / SMS 0422262643



✓ We have a stringent Food Safety Program (HACCP) in place, which is independently audited

✓ We can assemble meals according to your requirements.

✓ Gluten Free

✓ Low Sodium

Just Ask and we can accommodate

With over 198 Main Course's, 126 Dessert's, Soups, Salads, and Fresh Sandwiches, to choose from.

Served with five seasonal Tasmanian vegetables, in microwavable or foil containers just heat and serve.

Our delivery schedules ensure that you can always have fresh meals on hand. Most of our customers have a minimum of two deliveries a week (many have three), so there is no need to stock up on large quantities of meals.

✓ mumsmobilemeals catering provides Corporate and Private Catering.



*All our meals are made fresh from locally sourced vegetable suppliers
We have a 6-week rotating menu with over 198 different selections of
main meals and over 90 different desserts over the six-week menu cycle.*

*We Change our menus seasonally our shop is open every day except
Sunday you can pick up your order or we can deliver it for you.
All our meals are FRESH (not frozen meals) made from prime cut's of
meat, fresh local vegetables; the meals are low in sodium/sugar/fat, all
our sauces and casseroles are made from FRESH stocks,*

*Produce is sourced from local *HACCP certified suppliers. *(Hazard
Analysis & Critical Control Point)We pride us on Quality and
undertaken major steps in production to ensure food is of the highest
standard. All our meals are cooked fresh and nothing is reused.*

*If you have a particular dietary need we can accommodate you by
making your order a *special and your order is assembled to your
requirements* (40 cent surcharge applies)*

*Mums also caters for * special diabetic needs with our diabetic desserts'
vegetarian and gluten free meals*If you have a requirement we can
accommodate you in most cases*

*We also deal with most Trust fund's Insurance Companies and most
Government organizations with 30 day accounts.*